

FIXING THE HEART

REVIEW: FEEDING THE HEART

Ro 10:" 17 So faith comes from hearing, and hearing by the word of Christ.

**What you feed the heart will determine what your life will become.
Feed the heart from the Word.
Builds faith in and friendship with God.**

**1. FAITH COMES BY HEARING THE WORD Ro 10: 17
WE DETERMINE WHAT WE HEAR
WHAT WE HEAR DETERMINES WHAT WE BELIEVE
WHAT WE BELIEVE DETERMINES WHO WE ARE**

2. FAITH TAKES THE FIRE OUT OF FIERY DARTS

Eph 6:14, taking up the shield of faith with which you will be able to extinguish all the flaming arrows of the evil one.

**TAKE IT UP
STRENGTH TO EXTINGUISH**

3. WHEREVER YOU INVEST GOD SENDS INCREASE

Gal 6:7 Do not be deceived, God is not mocked; for whatever a man sows, this he will also reap. 9 Let us not lose heart in doing good, for in due time we will reap if we do not grow weary.

**CHOOSE FLESH OR SPIRIT
CORRUPTION OR ETERNAL LIFE
GROW WEARY OR KEEP SOWING**

4. WHEN YOUR HEART IS FULL OF TRUTH YOU GROW UP

Jn 8:30 As He spoke these things, many came to believe in Him. 31 So Jesus was saying to those Jews who had believed Him, "If you con-

tinue in My word, then you are truly disciples of Mine; 32 and you will know the truth, and the truth will make you free."

CONTINUE

KNOW

BE FREE

FIXING THE HEART

We all suffer from broken hearts from time to time. The disappointment of a relationship that goes left. Attacks and abuse. Life's struggles. Life's Failures

God will heal the heart so the person can live

Isa 57:15 For thus says the high and exalted One Who lives forever, whose name is Holy, "I dwell on a high and holy place, And also with the contrite and lowly of spirit In order to revive the spirit of the lowly And to revive the heart of the contrite.

Ps 51:17 The sacrifices of God are a broken spirit; A broken and a contrite heart, O God, You will not despise

SIGNS OF A BROKEN OR CRACKED HEART

Struggle to Trust Trustworthy People

Constant Fear of Being Hurt or Disappointed

Inability to Move Past Loss or Grief

Never Feeling "Good Enough"

Quick Moves from Happy to Sad

**Watch over your heart with all diligence,
For from it flow the springs of life.
Proverbs 4.23**

ULTIMATELY WE CANT FULLY TRUST GOD WITH A BROKEN HEART

FIXING THE HEART

1. God Promises to Be Close to the Broken Hearted

The Presence of God is Your Go To

Ps 16:11 You will make known to me the path of life; In Your presence is fullness of joy; In Your right hand there are pleasures forever.

The Son of God Often Leaned Toward the Broken

Widows

.Mk 12:41 And He sat down opposite the treasury, and began observing how the people were putting money into the treasury; and many rich people were putting in large sums. 42 A poor widow came and put in two small copper coins, which amount to a cent. 43 Calling His disciples to Him, He said to them, "Truly I say to you, this poor widow put in more than all the contributors to the treasury; 44 for they all put in out of their surplus, but she, out of her poverty, put in all she owned, all she had to live on."

Lepers

Mk 1:40 And a leper came to Jesus, beseeching Him and falling on his knees before Him, and saying, "If You are willing, You can make me clean." 41 Moved with compassion, Jesus stretched out His hand and touched him, and said to him, "I am willing; be cleansed."

Tax Collectors - all Broken people aren't Broke!

Lk 19:2 And there was a man called by the name of Zaccheus; he was a chief tax collector and he was rich. 3 Zaccheus was trying to see who Jesus was, and was unable because of the crowd, for he was small in stature. 4 So he ran on ahead and climbed up into a sycamore tree in order to see Him, for He was about to pass through that way. 5 When Jesus came to the place, He looked up and said to him, "Zaccheus, hurry and come down, for today I must stay at your house."

FIXING THE HEART

2. Jesus Promised the Holy Spirit would Comfort

Jn 14:15 "If you love Me, you will keep My commandments. 16 "I will ask the Father, and He will give you another Helper, that He may be with you forever; 17 that is the Spirit of truth, whom the world cannot receive, because it does not see Him or know Him, but you know Him because He abides with you and will be in you. 18 "I will not leave you as orphans; I will come to you.

God is Actively Working to Comfort/Help

2Co 1:3 Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, 4 who comforts us in all our affliction so that we will be able to comfort those who are in any affliction with the comfort with which we ourselves are comforted by God.

Parakletos - He is called alongside to HELP

His Comfort Releases Us to Comfort

Phm 1:7 For I have come to have much joy and comfort in your love, because the hearts of the saints have been refreshed through you, brother.

3. Confession is the Key to Healing.

NO healing Comes without Confession

1Jn 1:9 If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness.

Honest Response Permits God to Work

1 Jn 1:10 If we say that we have not sinned, we make Him a liar and His word is not in us

Our Response Releases Heart to Function

Ro 10:8 But what does it say? "THE WORD IS NEAR YOU, IN YOUR MOUTH AND IN YOUR HEART"--that is, the word of faith which we are preaching, 9 that if you confess with your mouth Jesus as Lord, and believe in your heart that God raised Him from the dead, you will be saved; 10 for with the heart a person believes, resulting in righteousness, and with the mouth he confesses, resulting in salvation. 11 For the Scripture says, "WHOEVER BELIEVES IN HIM WILL NOT BE DISAPPOINTED."

NOTES

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Pr 15:13 A merry heart maketh a cheerful countenance: but by sorrow of the heart the spirit is broken. 14 The heart of him that hath understanding seeketh knowledge: but the mouth of fools feedeth on foolishness. 15 All the days of the afflicted are evil: but he that is of a merry heart hath a continual feast.

**Watch over your heart with all diligence,
For from it flow the springs of life.
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Pr 17:.22 A joyful heart is good medicine, But a broken spirit dries up the bones