

Training Produces Growth
TRAIN DON'T TRIP

For the Lord disciplines the one he loves, and chastises every son whom he receives. . . . For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it. —HEBREWS 12: 6, 11 ESV

Ge 37: 3 Now Israel loved Joseph more than all his sons, because he was the son of his old age; and he made him a varicolored tunic. 4 His brothers saw that their father loved him more than all his brothers; and so they hated him and could not speak to him on friendly terms. 5 Then Joseph had a dream, and when he told it to his brothers, they hated him even more. 6 He said to them, "Please listen to this dream which I have had; 7 for behold, we were binding sheaves in the field, and lo, my sheaf rose up and also stood erect; and behold, your sheaves gathered around and bowed down to my sheaf." 8 Then his brothers said to him, "Are you actually going to reign over us? Or are you really going to rule over us?" So they hated him even more for his dreams and for his words.

Ge 41:38 Then Pharaoh said to his servants, "Can we find a man like this, in whom is a divine spirit?" 39 So Pharaoh said to Joseph, "Since God has informed you of all this, there is no one so discerning and wise as you are. 40 "You shall be over my house, and according to your command all my people shall do homage; only in the throne I will be greater than you." 41 Pharaoh said to Joseph, "See, I have set you over all the land of Egypt." 42 Then Pharaoh took off his signet ring from his hand and put it on Joseph's hand, and clothed him in garments of fine linen and put the gold necklace around his neck. 43 He had him ride in his second chariot; and they proclaimed before him, "Bow the knee!" And he set him over all the land of Egypt. 44 Moreover, Pharaoh said to Joseph, " Though I am Pharaoh, yet without your permission no one shall raise his hand or foot in all the land of Egypt."

Training not Trippin' Produces Growth

The colloquialism “trippin” doesn’t mean you’re walking and you’ve tripped. It refers to “trip” in the sense of travel. Fundamentally when someone “trips” they go somewhere that is irrational based on the path they are on.

Ex. “Well I just felt like since you didn’t invite me along you just DON'T LIKE ME!” And our response is... “STOP TRIPPIN’!”

My discovery in all my years of working with people and their spiritual journey is that when people face situations they can’t control, they TRIP INSTEAD OF TRAIN.

Let’s examine that from a physical training perspective. If a person thinks they are going to run a marathon and they’ve never walked a mile, then our response to them is:

STOP TRIPPIN!!!

So, we

1. LOOK AT SITUATIONS AND DRAW CONCLUSIONS THAT ARE NOT FROM GOD.
2. LOOK AT RESULTS AND THINK WE CAN MAGICALLY GET THERE WITHOUT TRAINING.

CONCLUSION

THE THING WE TRIP OVER WAS DESIGNED TO TRAIN US!!

JOSEPH

1. **PROMISE** to **PIT** to **POTIPHAR** to **PRISON** to **PALACE** and **FOUR** OPPORTUNITIES TO TRIP
2. HIS TRIP WAS HIS TRAINING
3. REMOVE HIS TRAINING AND THERE IS NO DESTINY

1) Purpose Requires A Process

2) Process Requires a Fight

The Lord God is my Strength, my personal bravery, and my invincible army; He makes my feet like hinds' feet and will make me to walk [not to stand still in terror, but to walk] and make [spiritual] progress upon my high places [of trouble, suffering, or responsibility]!—HABAKKUK 3: 19 AMP

Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.—EPHESIANS 6: 13

THE JOURNEY IS NOT LINEAR, ITS CYCLICAL!

TODAY we begin to look at the posture you need to take in each of the five positions. God's Word teaches us "how to stand"!

Eph 6:10 Finally, be strong in the Lord and in the strength of His might. 11 Put on the full armor of God, so that you will be able to stand firm against the schemes of the devil. 12 For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places. 13 Therefore, take up the full armor of God, so that you will be able to resist in the evil day, and having done everything, to stand firm.

1. Promise

The Place of Excitement

Jer 29:11 `For I know the plans that I have for you,' declares the LORD, `plans for welfare and not for calamity to give you a future and a hope. 12 `Then you will call upon Me and come and pray to Me, and I will listen to you. 13 `You will seek Me and find Me when you search for Me with all your heart.

Never underestimate the power of the PROMISE because it will keep you from pit to Potiphar to Prison!!

JOY IS THE PROPER POSTURE

Ne 8:10 Then he said to them, "Go, eat of the fat, drink of the sweet, and send portions to him who has nothing prepared; for this day is holy to our Lord. Do not be grieved, for the joy of the LORD is your strength."

2. Pit

The Place of Abandonment

Jer 20: 9 But if I say, "I will not remember Him Or speak anymore in His name," Then in my heart it becomes like a burning fire Shut up in my bones; And I am weary of holding it in, And I cannot endure it."

WORSHIP IS THE PROPER POSTURE

Ps 16:11 You will make known to me the path of life; In Your presence is fullness of joy; In Your right hand there are pleasures forever.

God Must be Discovered Here

3. Potiphar's House

The Place of Betrayal

Ps 55:12 For it is not an enemy who reproaches me, Then I could bear it; Nor is it one who hates me who has exalted himself against me, Then I could hide myself from him.

The Real Pain is not the Lie or the Liar, its People Who Believed the Lie

FAITH IS THE PROPER POSTURE

Betrayal by others is God's way of refocusing our FAITH

Pr 3:5 Trust in the LORD with all your heart And do not lean on your own understanding. 6 In all your ways acknowledge Him, And He will make your paths straight. 7 Do not be wise in your own eyes; Fear the LORD and turn away from evil.

4. Prison.

The Place of Feeling Forgotten

Ge 40:1 Then it came about after these things, the cupbearer and the baker for the king of Egypt offended their lord, the king of Egypt. 2 Pharaoh was furious with his two officials, the chief cupbearer and the chief baker. 3 So he put them in confinement in the house of the captain of the bodyguard, in the jail, the same place where Joseph was imprisoned. 4 The captain of the bodyguard put Joseph in charge of them, and he took care of them; and they were in confinement for some time. 5 Then the cupbearer and the baker for the king of Egypt, who were confined in jail, both had a dream the same night, each man with his own dream and each dream with its own interpretation. 6 When Joseph came to them in the morning and observed them, behold, they were dejected. 7 He asked Pharaoh's officials who were with him in confinement in his master's house, "Why are your faces so sad today?" 8 Then they said to him, "We have had a dream and there is no one to interpret it." Then Joseph said to them, "Do not interpretations belong to God? Tell it to me, please."

- Butler saw three branches of grapes and made wine for the Pharaoh and served it to him.
- Baker saw three baskets of bread and the birds ate it.

PATIENCE OR EMOTIONAL FORTITUDE IS THE PROPER POSTURE

Jas 1:2 Consider it all joy, my brethren, when you encounter various trials, 3 knowing that the testing of your faith produces endurance. 4 And let endurance have its perfect result, so that you may be perfect and complete, lacking in nothing.

1. IN PRISON YOU'RE TEMPTED TO STOP USING YOUR GIFT TO BLESS PEOPLE

Joseph still felt compassion on the butler and the baker

2. IN PRISON YOU USE YOUR GIFT AND STILL GET FORGOTTEN

No matter what people do with your gift, your good, your love- YOU KEEP GOING BECAUSE YOUR GIFT WILL GET YOU OUT!!

3. YOU PRACTICE YOUR GIFT BECAUSE THAT'S HOW YOU GET IT IN GODS HAND

4. YOU STAY TRUE TO YOUR GIFT WHILE IN PRISON, BECAUSE WHEN YOU GET THE CALL YOU CAN'T GET READY. YOU MUST BE READY!

TWO YEARS AFTER JOSEPH INTERPRETS THE CALL COMES....

Ge 41:9 Then the chief cupbearer spoke to Pharaoh, saying, "I would make mention today of my own offenses. 10 "Pharaoh was furious with his servants, and he put me in confinement in the house of the captain of the bodyguard, both me and the chief baker. 11 "We had a dream on the same night, he and I; each of us dreamed according to the interpretation of his own dream. 12 "Now a Hebrew youth was with us there, a servant of the captain of the bodyguard, and we related them to him, and he interpreted our dreams for us. To each one he interpreted according to his own dream. 13 "And just as he interpreted for us, so it happened; he restored me in my office, but he hanged him."

5. GET YOUR OUTFIT READY CAUSE YOU CAN'T WEAR THESE TO YOUR NEW ASSIGNMENT!!!

You can't wear your old depression. You can't wear your old attitude. You can't wear your old disappointments.

DROP THE GRUNGE AND GRAB THE JOY!!

THE PALACE IS THE ULTIMATE DESTINY!

The Place of Fulfillment

Ge 41:38 Then Pharaoh said to his servants, "Can we find a man like this, in whom is a divine spirit?" 39 So Pharaoh said to Joseph, "Since God has informed you of all this, there is no one so discerning and wise as you are. 40 "You shall be over my house, and according to your command all my people shall do homage; only in the throne I will be greater than you." 41 Pharaoh said to Joseph, "See, I have set you over all the land of Egypt." 42 Then Pharaoh took off his signet ring from his hand and put it on Joseph's hand, and clothed him in garments of fine linen and put the gold necklace around his neck. 43 He had him ride in his second chariot; and they proclaimed before him, "Bow the knee!" And he set him over all the land of Egypt. 44 Moreover, Pharaoh said to Joseph, " Though I am Pharaoh, yet without your permission no one shall raise his hand or foot in all the land of Egypt."

- Authority is NOT FOR NOVICES
- Responsibility Comes with Power
- Purpose is Designed to BLESS OTHERS

HUMILITY IS THE PROPER POSTURE