

## **FOLLOWING YOUR HEART**

**Romans 10.8-10**

**Proverbs 20.27**

## **REVIEW: FIXING THE HEART**

### **SIGNS OF A BROKEN OR CRACKED HEART**

**Struggle to Trust Trustworthy People**

**Constant Fear of Being Hurt or Disappointed**

**Inability to Move Past Loss or Grief**

**Never Feeling “Good Enough”**

**Quick Moves from Happy to Sad**

**Watch over your heart with all diligence,  
For from it flow the springs of life.**

**Proverbs 4.23**

## **ULTIMATELY WE CANT FULLY TRUST GOD WITH A BROKEN HEART**

### **1. God Promises to Be Close to the Broken Hearted**

**The Presence of God is Your Go To**

**Ps 16:11 You will make known to me the path of life; In Your presence  
is fullness of joy; In Your right hand there are pleasures forever.**

**The Son of God Often Leaned Toward the Broken**

**Widows Mk 12:41 // Lepers Mk 1:40 //Tax Collectors - Lk 19:2**

## **2. Jesus Promised the Holy Spirit would Comfort**

**Jn 14: 16 And I will pray the Father, and he shall give you another Comforter, that he may abide with you for ever; 18 I will not leave you comfortless: I will come to you.**

### **God is Actively Working to Comfort/Help**

**2Co 1:3 Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, 4 who comforts us in all our affliction so that we will be able to comfort those who are in any affliction with the comfort with which we ourselves are comforted by God.**

**Parakletos - He is called alongside to HELP**

**His Comfort Releases Us to Comfort**

## **3. Confession is the Key ! 1Jn 1:9**

**NO HEALING WITHOUT AGREEMENT!!!!!!**

**INTRODUCTION**

***Ro 10:8 But what does it say? "THE WORD IS NEAR YOU, IN YOUR MOUTH AND IN YOUR HEART"--that is, the word of faith which we are preaching, 9 that if you confess with your mouth Jesus as Lord, and believe in your heart that God raised Him from the dead, you will be saved; 10 for with the heart a person believes, resulting in righteousness, and with the mouth he confesses, resulting in salvation. 11 For the Scripture says, "WHOEVER BELIEVES IN HIM WILL NOT BE DISAPPOINTED."***

***Proverbs 20.27 The spirit of man is the lamp of the Lord, Searching all the innermost parts of his being***

**Our Response to Healing Releases Heart to Function**

**Primary Functions of the Heart**

- 1. To Hear from God**
- 2. To Direct My Life**
- 3. To Correct My Path**

**When the Heart is Clouded It Will Miss the Iceberg.**

- 1. Hearing from God Begins with HIS WORD**

**A HEALTHY HEART MORE READILY RECEIVES TRUTH**

**Example: You Think God is Against You**

**A HEALTHY HEART MORE EASILY APPLIES THE TRUTH**

**Example: Forgive Those Who Wrong You**

- 2. The Holy Spirit Uses the Heart to Lead Us**

## **A HEALTHY HEART SURRENDERS MORE EASILY**

*Trust in the Lord with all your heart  
And do not lean on your own understanding. Pr 3.5*

## **A HEALTHY HEART MAKES HIM LORD**

*In all your ways acknowledge Him,  
And He will make your paths straight. Pr. 3.6*

## **A HEALTHY HEART AUTOCORRECTS EASILY**

*Do not be wise in your own eyes;  
Fear the Lord and turn away from evil. Pr. 3.7*

### **3. The Ability to Repent Keeps Us on Track**

**Story: Repent to a Friend**

## **A HEALTHY HEART SEES ITS OWN WRONG**

## **A HEALTHY HEART WALKS IN HUMILITY**

## **A HEALTHY HEART ADMITS WRONG**

*Do not be wise in your own eyes;  
Fear the Lord and turn away from evil. Pr. 3.7*

*Pr 15:13 A merry heart maketh a cheerful countenance: but by sorrow of the heart the spirit is broken. 14 The heart of him that hath understanding seeketh knowledge: but the mouth of fools feedeth on foolishness. 15 All the days of the afflicted are evil: but he that is of a merry heart hath a continual feast.*

## NOTES

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Watch over your heart with all diligence,  
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**Pr 17:22** A joyful heart is good medicine, But a broken spirit dries up the bones