

EAT THE WORD

LEAD ME LORD!

Jer 15:16 Your words were found and I ate them, And Your words became for me a joy and the delight of my heart; For I have been called by Your name, O LORD God of hosts.

**Proverbs 3:5-9 Trust in the lord with all your heart;
do not depend on your own understanding.**

**6 Seek his will in all you do,
and he will show you which path to take.**

**7 Don't be impressed with your own wisdom.
Instead, fear the lord and turn away from evil.**

**8 Then you will have healing for your body
and strength for your bones.**

**9 Honor the lord with your wealth
and with the best part of everything you produce.**

REVIEW

EAT - KNOW GOD THROUGH THE WORD

1. EAT the Word for strength Is 40.10, Ex 15.2, Deut 33.27

Nehemiah 8:10 And Nehemiah continued, "Go and celebrate with a feast of rich foods and sweet drinks, and share gifts of food with people who have nothing prepared. This is a sacred day before our Lord. Don't be dejected and sad, for the joy of the lord is your strength!"

2. EAT the Word for Wisdom. Prov.13.10, Jas 3.17;Ps. 111.10

Eating the Word impacts your thinking

3. EAT the Word for guidance Is. 30.21; Ps. 27.11; Ps. 5.8

4. EAT the Word for Comfort. John 16.33; Heb 13.5; Rev 21.14

5. EAT THE WORD to use as a WEAPON Eph. 6.17; Is 54.17

DISCIPLINE IS NEEDED FOR US TO CONTINUE IN THE WORD

NOTE : USE FILL IN BLANKS FOR FIVE UNDERLINED WORDS

IF KNOWLEDGE IS INFORMATION THEN WISDOM IS THE PROPER USE OF THAT KNOWLEDGE.

James 3:17 But the wisdom from above is first of all pure. It is also peace loving, gentle at all times, and willing to yield to others. It is full of mercy and the fruit of good deeds. It shows no favoritism and is always sincere.

1. WISDOM STARTS WITH RESPECTING GOD

Psalms 111:10

2. WISDOM CONTINUES WITH COMMANDMENTS

3. WISDOM COMES FROM HIS WORD Matthew 7:24-27

WISDOM IS PURE

WISDOM IS PEACE LOVING

WISDOM IS GENTLE

WISDOM YIELDS

WISDOM IS MERCIFUL

WISDOM DOES GOOD

WISDOM IS SINCERE

INTRODUCTION

HIS WORD INSIDE ME IS WHAT GUIDES MY LIFE.....

YOUR WORD HAVE I HIDDEN IN MY HEART PS.119.11

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**IF YOU WANT TO BE LED BY GOD AND HIS WORD THERE ARE
SOME SIMPLE THINGS YOU CAN DO TO ASSURE THAT HIS SPIRIT
DIRECTS YOUR STEPS.**

1. DAILY PLACE YOUR TRUST IN HIM

**WHEN I EAT THE WORD "I TRUST GOD" MEANS SOMETHING TO-
TALLY DIFFERENT NOW!!**

**Da 3:17 "If it be so, our God whom we serve is able to deliver us from
the furnace of blazing fire; and He will deliver us out of your hand, O
king. 18 "But even if He does not, let it be known to you, O king, that
we are not going to serve your gods or worship the golden image that
you have set up."**

TRUSTING GOD IS A DAILY ACTIVITY

ALL YOUR HEART IS THE CHALLENGE

NOTE: Part of me wants to handle some things on my own

2. PURSUE HIS WILL AT ALL TIMES

WHEN I EAT THE WORD THE WORD BEGINS TO DIRECT MY LIFE

YOUR WORD IS A LAMP UNTO MY FEET AND A LIGHT PS. 119:105

THE KEY TO BEING LED IS WANTING TO BE LED

NOT MY WILL BUT YOUR WILL

NOTE: Garden of Gethsemane

Matthew 26:38 He told them, "My soul is crushed with grief to the point of death. Stay here and keep watch with me."

Matthew 26:39 He went on a little farther and bowed with his face to the ground, praying, "My Father! If it is possible, let this cup of suffering be taken away from me. Yet I want your will to be done, not mine."

3. DON'T GET CAUGHT UP IN YOUR OWN WISDOM

WHEN I EAT THE WORD I RECEIVE HIS WISDOM AND IT OVERSHADOWS MY OWN.

Ro 11:33 O the depth of the riches both of the wisdom and knowledge of God! how unsearchable are his judgments, and his ways past finding out! 34 For who hath known the mind of the Lord? or who hath been his counsellor?

A MANS WAYS SEEM RIGHT IN HIS EYES

Pr 14:12 There is a way which seems right to a man, But its end is the way of death.

IF YOU TALK TO YOURSELF LONG ENOUGH

4. FEAR GOD AND TURN FROM EVIL

WHEN I EAT THE WORD MY RESPECT FOR GOD GROWS AND MY HATRED FOR EVIL GROWS.

Jer 15:16 Your words were found and I ate them, And Your words became for me a joy and the delight of my heart; For I have been called by Your name, O LORD God of hosts.

HEALTHY RESPECT FOR GOD AND HIS WAYS

EXIT YOUR OWN EVIL

2Ch 7:13 "If I shut up the heavens so that there is no rain, or if I command the locust to devour the land, or if I send pestilence among My people, 14 and My people who are called by My name humble themselves and pray and seek My face and turn from their wicked ways, then I will hear from heaven, will forgive their sin and will heal their land. 15 "Now My eyes will be open and My ears attentive to the prayer offered in this place.

NOTES: MY NOTES ONLY

PREPARATION FOR COVID CONVERSATIONS

I HAVE MET WITH THE CHAIRMAN FOR CHESAPEAKE REGIONAL AND THE CHIEF MEDICAL OFFICER OF SENTARA. MY PURPOSE IN THESE MEETINGS IS TO PROVIDE THE SOURCES OF INFORMATION WE NEED AS WE NAVIGATE THRU THE COVID 19 CRISES.

I AM DEEPLY CONCERNED FOR THE STRESS LEVELS OF OUR ELDERLY AND THOSE WHO ARE HEALTH CHALLENGED BY DIABETES, HYPERTENSION AND OTHER MALADIES. AMONG FAITH BASED LEADERSHIP, YOU WILL BE OUR PRIORITY.

VERY SOON WE WILL HAVE A COVID INFO LINK FOR OUR COMMUNITY WITH CONTENT PRODUCED BY SENTARA. WE HAVE GIL BLAND AND THE URBAN LEAGUE TO THANK FOR THAT.

SCRIPTURE TEACHES US IN 2 CHRON. 7:14 THAT IF GODS PEOPLE THE ONES CALLED BY HIS NAME WOULD HUMBLE THEMSELVES, PRAY, SEEK GODS FACE AND TURN FROM THEIR WICKEDNESS HE WOULD HEAR AND HEAL.

WE ARE PRAYING FOR HEALING AND PROTECTION BUT IN THE MEANTIME I WANT TO KEEP OUR COMMUNITY WALKING IN WISDOM. THERE ARE SOME THINGS WE KNOW ABOUT THIS VIRUS:

IT IS NOT THE SAME AS THE FLU. THE FLU IS AN INFLUENZA VIRUS AND THIS IS A CORONA VIRUS.

SOME THINK THAT THE ELDERLY ARE MORE LIKELY TO GET THIS DISEASE. THE FACTS ARE THAT ANY ADULT CAN BE INFECTED BUT THE ELDERLY ARE MORE VULNERABLE TO ITS IMPACT AND DO NOT RECOVER AS WELL.

CHILDREN SEEM TO HAVE A LEVEL OF IMMUNITY BUT NOT 100 PERCENT OF THE TIME. WE NEED TO PRACTICE THE SAME SAFETY WITH OUR CHILDREN BECAUSE WHILE THEY ARE LESS LIKELY TO BE INFECTED BUT THEY CAN CARRY THE VIRUS AND SPREAD IT.

WASH YOUR HANDS WELL (FOR AT LEAST 20 SECONDS) EVERY 90 MINUTES TO TO HOURS. SING HAPPY BIRTHDAY TWICE. I SURRENDER ALL. ALL I DO IS WIN....

PRACTICE SOCIAL DISTANCING. SIX FEET AWAY. WAVES AND SMILES REPLACE HUGS AND HANDSHAKES