

## PRESCHOOL - KINDERGARTEN

March 29



### **GOD KEEPS HIS PROMISES**

Today we are going to learn that God keeps His promises.

### **PARENT INSTRUCTIONS:**

Tell the Bible story and then do one of the activities each day to help your EAT God's Word.

### **PRAISE & WORSHIP**

- LifeKidz Song
- This Little Light of Mine (Life Tree Kids) <https://youtu.be/ty9bZXN4uWA>
- Sing Father Abraham <https://www.youtube.com/watch?v=DPKp4AWmQoI>
- B.O.B. Bounce <https://youtu.be/p58HS6h3110>

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### STORYTIME

Last week we learned that God told Abram to leave his country, and all that he had known, to FOLLOW HIM to a new place he had never been. Abram trusted God and followed Him. (Genesis 12:1-9)

This week's story (Genesis 17)

One starry night Abram was resting in his tent after working hard all day and GOD appeared to him and took him outside. GOD told Abram to look up at the sky and count the stars. Of course, Abram couldn't do that. God made a promise to Abram that he would have as many children as there are stars in the sky.

God changed Abram's name to ABRAHAM and He changed his wife's name to SARAH. He also told Abraham that next year Sarah would have a baby boy. Abraham couldn't believe it because he and Sarah were old. He was 99 and she was 90. But He had made a promise and GOD ALWAYS KEEPS HIS PROMISES!

Even though they were old, Abraham BELIEVED the promises and that pleased GOD. A year later Sarah had a baby boy and they named him Isaac.

Remember, GOD keeps his promises because he cares for us and loves us. He has made many promises to us— each promise is important to Him. We can count on Him to do what he says. The greatest promise He has made to us is the promise of eternal life through Jesus Christ. If we believe in Jesus and put our trust in him, we can live with him forever in heaven someday. What a wonderful promise!

### ACTIVITY

Play a fun "waiting" game with your preschooler/kindergartner. Play some music and have the kids dance and jump around while the music is playing. When the music stops, however, they have to stand perfectly still exactly how they are and stay in that position until you start the music again. Have lots of fun with this! When the game is finished, say:

**What a fun game! You did a great job waiting for me to start the music again!  
Sometimes it can be hard to wait for something to happen. Today we learned about a man named Abram who had to wait for a long time for God to keep a promise to Him. But God kept His promise to him, and God will keep His promises to us, too!**

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### **GAME – Obstacle Course**

Set up a short obstacle course in a room. Have children complete the obstacle course – but they have to do it exactly like the person in front of them does (for multiple children, they have to FOLLOW the leader). Otherwise, you should go first (or give instructions) so that they have to do it just like you! **You did a GREAT job! We follow God because he is faithful; He always keeps his promises!**

See Games File for other games

### **FAMILY TIME...**

Schedule a family movie night this week to watch “Abe and the Amazing Promise” (VeggieTales on Youtube). Make it an event by having your child help you plan a special movie menu, make invitations for each family member, or come up with other fun ideas, like making it a pajama party—be creative.

<https://youtu.be/tY4tZoR9v-o>

### **CRAFT**

Give your kids star templates (next page) and let them decorate their stars using whatever materials you have on hand. You can give them cut up pieces of paper, crayons or markers, pasta, or whatever else you can imagine! As they are decorating their stars, talk about the promise God made to Abraham and about how God always keeps His promises!

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