

We are closely monitoring the global outbreak of COVID-19, also known as “coronavirus.” While there are currently no confirmed cases in Virginia, we are aware of how quickly this illness has spread, and we are prayerfully taking all necessary precautions to ensure you are safe as a CRC Partner whenever you are on campus. As we continue to closely monitor the situation, we are taking direction from the Centers for Disease Control and Prevention and the Virginia Department of Health regarding safety protocols.

We strongly encourage you and your family to follow these recommendations from the CDC:

1. Wash hands frequently with soap and water for at least 20 seconds.
2. Cover nose and mouth when coughing or sneezing with a tissue or by using your sleeve or elbow. Then, throw the tissue in the trash.
3. Avoid touching your eyes, nose and mouth as much as possible.
4. Stay home when sick until at least 24 hours of being fever-free without the use of fever reducing medications.
5. Avoid close contact with people who are sick.
6. Clean and disinfect touched objects and surfaces frequently using a regular household cleaning spray or wipes.
7. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.
8. If you have symptoms or have been diagnosed with COVID-19, it is recommended that you self-quarantine to prevent the spread of the virus. However, should you need to leave your self-quarantine and go in public, please follow CDC’s recommendations for using a face mask. CDC does not recommend that people who are well wear a facemask to protect themselves from respiratory diseases, including COVID-19.

Facemasks should be used by people who show symptoms of COVID-19 to help prevent the spread of the disease to others.

Additional Information Links:

[CDC Guidance for Travelers](#)

[CDC Infection Control Recommendations](#)

[CDC Summary](#)

We will continue to monitor the spread of COVID-19 here in the U.S. and update everyone on an as-needed basis. If you have recently traveled internationally or been exposed to someone with confirmed COVID-19, please seek medical evaluation and communicate any coronavirus diagnosis to CRC staff.

Please join us in prayer for the containment and cure of the Coronavirus. Pray for our national leaders in government, medicine, and medical science that they will be unified, truthful, and led by the Holy Spirit in the battle against the virus and in their communications with the American people.

We want you to know that we love you, we're praying for you, and our God remains in control!

We are CRC!

Be Blessed!