

EAT THE WORD

THE WORD IS MY WISDOM!

Jer 15:16 Your words were found and I ate them, And Your words became for me a joy and the delight of my heart; For I have been called by Your name, O LORD God of hosts.

James 3:17 But the wisdom from above is first of all pure. It is also peace loving, gentle at all times, and willing to yield to others. It is full of mercy and the fruit of good deeds. It shows no favoritism and is always sincere.

REVIEW

EAT - KNOW GOD THROUGH THE WORD

1. EAT the Word for strength Is 40.10, Ex 15.2, Deut 33.27

Nehemiah 8:10 And Nehemiah continued, "Go and celebrate with a feast of rich foods and sweet drinks, and share gifts of food with people who have nothing prepared. This is a sacred day before our Lord. Don't be dejected and sad, for the joy of the lord is your strength!"

2. EAT the Word for Wisdom. Prov.13.10, Jas 3.17;Ps. 111.10

Eating the Word impacts your thinking

3. EAT the Word for guidance Is. 30.21; Ps. 27.11; Ps. 5.8

4. EAT the Word for Comfort. John 16.33; Heb 13.5; Rev 21.14

5. EAT THE WORD to use as a WEAPON Eph. 6.17; Is 54.17

DISCIPLINE IS NEEDED FOR US TO CONTINUE IN THE WORD

NOTE : USE FILL IN BLANKS FOR FIVE UNDERLINED WORDS

EAT THE WORD TO RECEIVE STRENGTH Is 40.10, Ex 15.2, Deut 33.27

**Exodus 15:2 The lord is my strength and my song;
he has given me victory.**

**This is my God, and I will praise him—
my father's God, and I will exalt him!**

Neh.8.10

WE NEED THE WORD BECAUSE WE NEED JOY

WE NEED JOY BECAUSE WE NEED STRENGTH

1. I DISCOVERED YOUR WORD

2. I ATE YOUR WORD

READ.....MEDITATE.....MEMORIZE

3. I WAS FILLED WITH JOY AND DELIGHT!

Nehemiah 8:10

4. MY LIFE BORE THE IMAGE OF YOUR NAME

INTRODUCTION

**IF KNOWLEDGE IS INFORMATION THEN WISDOM IS THE PROPER
USE OF THAT KNOWLEDGE.**

**James 3:17 But the wisdom from above is first of all pure. It is also
peace loving, gentle at all times, and willing to yield to others. It is full
of mercy and the fruit of good deeds. It shows no favoritism and is
always sincere.**

WISDOM STARTS WITH RESPECTING GOD

Psalms 111:10 Fear of the lord is the foundation of true wisdom.

All who obey his commandments will grow in wisdom.

Praise him forever!

WISDOM CONTINUES WITH COMMANDMENTS

WISDOM COMES FROM HIS WORD

Matthew 7:24-27 “ Anyone who listens to my teaching and follows it is wise, like a person who builds a house on solid rock.

Though the rain comes in torrents and the floodwaters rise and the winds beat against that house, it won't collapse because it is built on bedrock.

But anyone who hears my teaching and doesn't obey it is foolish, like a person who builds a house on sand.

When the rains and floods come and the winds beat against that house, it will collapse with a mighty crash.”

WISDOM IS PURE

WISDOM IS PEACE LOVING

WISDOM IS GENTLE

WISDOM YIELDS

WISDOM IS MERCIFUL

WISDOM DOES GOOD

WISDOM IS SINCERE

**Proverbs 13:10 Pride leads to conflict;
those who take advice are wise.**

**Psalms 111:10 Fear of the lord is the foundation of true wisdom.
All who obey his commandments will grow in wisdom.
Praise him forever!**

**James 3:17 But the wisdom from above is first of all pure. It is also
peace loving, gentle at all times, and willing to yield to others. It is full
of mercy and the fruit of good deeds. It shows no favoritism and is
always sincere.**

NOTES: MY NOTES ONLY

PREPARATION FOR COVID CONVERSATIONS

I HAVE MET WITH THE CHAIRMAN FOR CHESAPEAKE REGIONAL AND THE CHIEF MEDICAL OFFICER OF SENTARA. MY PURPOSE IN THESE MEETINGS IS TO PROVIDE THE SOURCES OF INFORMATION WE NEED AS WE NAVIGATE THRU THE COVID 19 CRISES.

I AM DEEPLY CONCERNED FOR THE STRESS LEVELS OF OUR ELDERLY AND THOSE WHO ARE HEALTH CHALLENGED BY DIABETES,

HYPERTENSION AND OTHER MALADIES. AMONG FAITH BASED LEADERSHIP, YOU WILL BE OUR PRIORITY.

VERY SOON WE WILL HAVE A COVID INFO LINK FOR OUR COMMUNITY WITH CONTENT PRODUCED BY SENTARA. WE HAVE GIL BLAND AND THE URBAN LEAGUE TO THANK FOR THAT.

SCRIPTURE TEACHES US IN 2 CHRON. 7:14 THAT IF GODS PEOPLE THE ONES CALLED BY HIS NAME WOULD HUMBLE THEMSELVES, PRAY, SEEK GODS FACE AND TURN FROM THEIR WICKEDNESS HE WOULD HEAR AND HEAL.

WE ARE PRAYING FOR HEALING AND PROTECTION BUT IN THE MEANTIME I WANT TO KEEP OUR COMMUNITY WALKING IN WISDOM. THERE ARE SOME THINGS WE KNOW ABOUT THIS VIRUS:

IT IS NOT THE SAME AS THE FLU. THE FLU IS AN INFLUENZA VIRUS AND THIS IS A CORONA VIRUS.

SOME THINK THAT THE ELDERLY ARE MORE LIKELY TO GET THIS DISEASE. THE FACTS ARE THAT ANY ADULT CAN BE INFECTED BUT THE ELDERLY ARE MORE VULNERABLE TO ITS IMPACT AND DO NOT RECOVER AS WELL.

CHILDREN SEEM TO HAVE A LEVEL OF IMMUNITY BUT NOT 100 PERCENT OF THE TIME. WE NEED TO PRACTICE THE SAME SAFETY WITH OUR CHILDREN BECAUSE WHILE THEY ARE LESS LIKELY TO BE INFECTED BUT THEY CAN CARRY THE VIRUS AND SPREAD IT.

WASH YOUR HANDS WELL (FOR AT LEAST 20 SECONDS) EVERY 90 MINUTES TO TO HOURS. SING HAPPY BIRTHDAY TWICE. I SURRENDER ALL. ALL I DO IS WIN....

PRACTICE SOCIAL DISTANCING. SIX FEET AWAY. WAVES AND SMILES REPLACE HUGS AND HANDSHAKES