

Series Theme :KEEP STANDING. KEEP DANCING. KEEP HOPING

REVIEW: Looking Up So I Can Stand Up Psalms 121.1-3

MY HOPE FOLLOWS MY EYES

I'm not LOOKING BACK Php 3:12

I'm not LOOKING DOWN

HEAD... SOUL..... HANDS

**Ps 24:7 Lift up your heads, O gates, And be lifted up, O ancient doors,
That the King of glory may come in!**

**Ps 25:1 To You, O LORD, I lift up my soul. 2 O my God, in You I trust,
Do not let me be ashamed; Do not let my enemies exult over me.**

Ps.134:2 Lift up your hands to the sanctuary And bless the LORD.

MY EYES LOOK PAST THE MOUNTAINS

My Strength Doesn't Come from the Obvious

**Psalms 121:1 I look up to the mountains—
does my help come from there?**

**Psalms 121:2 My help comes from the lord,
who made heaven and earth!**

My Strength Doesn't Come from Myself

**2Co 12:10 Therefore I am well content with weaknesses, with insults,
with distresses, with persecutions, with difficulties, for Christ's sake;
for when I am weak, then I am strong.**

WHEN I LOOK UP I STAND UP

**Eph 6:13 Therefore, take up the full armor of God, so that you will be
able to resist in the evil day, and having done everything, to stand
firm.**

Having Done EVERYTHING to Stand.....

MAY I HAVE THIS DANCE?

Ecc 3:1 There is an appointed time for everything. And there is a time for every event under heaven-- 2 A time to give birth and a time to die; A time to plant and a time to uproot what is planted. 3 A time to kill and a time to heal; A time to tear down and a time to build up. 4 A time to weep and a time to laugh; A time to mourn and a time to dance.

Ps 150:1 Praise the LORD! Praise God in His sanctuary; Praise Him in His mighty expanse. 2 Praise Him for His mighty deeds; Praise Him according to His excellent greatness. 3 Praise Him with trumpet sound; Praise Him with harp and lyre. 4 Praise Him with timbrel and dancing; Praise Him with stringed instruments and pipe. 5 Praise Him with loud cymbals; Praise Him with resounding cymbals. 6 Let everything that has breath praise the LORD. Praise the LORD!

EVERYTHING HAS A TIME. TIME DETERMINES WHEN THINGS COME. DETERMINES WHEN THINGS GO. CIRCUMSTANCES DETERMINE THE MOVEMENT OF MOST THINGS. ETERNITY DETERMINES THE MOVEMENT OF THE DIVINE. TIME TO REJOICE SOMETIMES COMES IN CONFLICT WITH THE CURRENT CIRCUMSTANCES BUT WHEN ETERNITY GUIDES THE HEART, CIRCUMSTANCES LOSE THEIR AUTHORITY.

TIME TO DANCE.....NOT BASED ON CIRCUMSTANCES BUT BASED ON THE DIVINE PURPOSES OF GOD.

1. CAN YOU DANCE AFTER YOU SEE IT?

Ex 15:20 Miriam the prophetess, Aaron's sister, took the timbrel in her hand, and all the women went out after her with timbrels and with dancing. 21 Miriam answered them, "Sing to the LORD, for He is highly exalted; The horse and his rider He has hurled into the sea."

ONCE PHARAOH IS DESTROYED THEY DANCED

ONCE THOMAS TOUCHED HIM HE BELIEVED

ONCE THE LEPER SAW THAT HE WAS HEALED HE GAVE THANKS

2. CAN YOU DANCE WHILE GOD IS WORKING?

WHEN THE GLORY FELL THEY DANCED

2Sa 6:16 Then it happened as the ark of the LORD came into the city of David that Michal the daughter of Saul looked out of the window and saw King David leaping and dancing before the LORD; and she despised him in her heart.

WHEN THE ARK CAME IN HE DANCED

WHILE YOU'RE IN PROCESS....DANCE

3. CAN YOU DANCE BEFORE ITS DONE?

EVERYONE WHO DANCED AFTER HAD A CHANCE TO DANCE BEFORE,

LEPER GOT HEALED WHILE HE WAS WALKING

Jn 20:29 Jesus said to him, "Because you have seen Me, have you believed? Blessed are they who did not see, and yet believed."

IF YOU BELIEVE DANCE NOW!

**Psalms 121:1 I look up to the mountains—
does my help come from there?**

**Psalms 121:2 My help comes from the lord,
who made heaven and earth!**

**Psalms 121:3 He will not let you stumble;
the one who watches over you will not slumber.**