

Let It Go!

Philippians 3:12-14 NKJV

“Not that I have already attained, or am already perfected; but I press on, that I may lay hold of that for which Christ Jesus has also laid hold of me. Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus.”

Review

Mark 12:29-31

“And you shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.’ This is the first commandment. And the second, like it, is this: ‘You shall love your neighbor as yourself.’ There is no other commandment greater than these.”

Orthodoxy - straight belief

Orthopathic - right feelings

Orthopraxy - right actions/practice

1.) Forget Past Failures

Living in the past denies the redemptive power of the Cross!

2 Corinthians 5:17

Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.

1 John 1:9

“If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.”

The devil likes to label us based on past behavior and choices.

Your past does not define who you are.

You are not what you did.

Romans 8:12-17

Therefore, brethren, we are debtors—not to the flesh, to live according to the flesh. For if you live according to the flesh you will die; but if by the Spirit you put to death the deeds of the body, you will

live. For as many as are led by the Spirit of God, these are sons of God. For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, "Abba, Father." The Spirit Himself bears witness with our spirit that we are children of God, and if children, then heirs— heirs of God and joint heirs with Christ, if indeed we suffer with Him, that we may also be glorified together.

You are who God says you are!

2.) Flee Past Offense

Forgiveness is not a feeling but a decision

Unaddressed trauma are those life changing events, words, or actions of others that have left a negative imprint on you live and respond to others. If unchecked, it can create a belief system that can manifest itself in self sabotaging behavior.

Forgive Others

STOP DRINKING POISON!

UNFORGIVENESS TORMENTS!

Forgive Yourself

Romans 8:1

"There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit. For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death."

3.) Fill Me Up!

THE ANSWER - YOU NEED THE HOLY GHOST

Acts 1:8 "But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth."

Matthew 11:28-30

Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light.