

WORSHIP, WORK AND WELL BEING

THE RELEASE OF PURPOSE REQUIRES BALANCE

Matthew 4:1 Then Jesus was led by the Spirit into the wilderness to be tempted there by the devil.:2 For forty days and forty nights he fasted and became very hungry.:3 During that time the devil came and said to him, "If you are the Son of God, tell these stones to become loaves of bread.":4 But Jesus told him, "No! The Scriptures say, 'People do not live by bread alone, but by every word that comes from the mouth of God.'":5 Then the devil took him to the holy city, Jerusalem, to the highest point of the Temple,:6 and said, "If you are the Son of God, jump off! For the Scriptures say, 'He will order his angels to protect you. And they will hold you up with their hands so you won't even hurt your foot on a stone.'":7 Jesus responded, "The Scriptures also say, 'You must not test the lord your God.'":8 Next the devil took him to the peak of a very high mountain and showed him all the kingdoms of the world and their glory.:9 "I will give it all to you," he said, "if you will kneel down and worship me.":10 "Get out of here, Satan," Jesus told him. "For the Scriptures say, 'You must worship the lord your God and serve only him.'":11 Then the devil went away, and angels came and took care of Jesus.

INTRODUCTION

A FEW WEEKS AGO I FELT LIKE MY HEART WAS BEATING SO FAST. I FELT LIKE I HAD EATEN SOMETHING THAT HAD TURNED MY DIGESTIVE SYSTEM INSIDE OUT. IT SETTLED DOWN THAT EVENING. THE NEXT MORNING MY BLOOD PRESSURE WAS ELEVATED AND I TRIED TO IGNORE IT. AS WE HEADED TO BRUNCH AT THE BEACH... MY HANDS AND FEET STARTED TO TINGLE. LADY J TOOK THE WHEEL AND TURNED BACK TO THE HOSPITAL. EIGHT HOURS LATER I FOUND OUT THAT MY HEART, LIVER, KIDNEY AND EVERY POSSIBLE ISSUE WAS COMPLETELY NORMAL. NEAR PERFECT HEALTH WITH THE EXCEPTION OF POSSIBLE ACID REFLUX OR GASTRITIS.

THEN GOD BEGAN TO DEAL WITH MY HEART. MY FAILURE TO REST MY MIND AND KEEP WORKING SOMETIMES 18-20 HOURS HAD PUT ME IN A PLACE OF SIN AND WEAKNESS. HE SHOWED ME THREE LEGS OF A BALANCED LIFE STOOL.....WORSHIP, WORK AND WELL BEING.

HE REVEALED TO ME HOW THE THREE WORK TOGETHER TO SUPPORT ONE ANOTHER. HE SHOWED ME THAT AS WORK INCREASES, WORSHIP AND WELL BEING MUST INCREASE. TODAY FOR THE FIRST TIME IN PUBLIC, I WILL SHARE THE SIMPLE LESSONS I LEARNED DURING AUGUST.

1. WORSHIP BUILDS THE SPIRIT BEING

BECAUSE YOUR SPIRIT OR HEART IS THE CORE OF ALL YOU DO, YOU CAN NEVER ALLOW IT TO BE WEAKENED OR CORRUPTED

**Proverbs 4:23 Guard your heart above all else,
for it determines the course of your life.**

YOUR SPIRIT IS DESIGNED TO DIRECT YOUR WORK...THE PURPOSE OF GOD

Proverbs 20:27 The spirit of man is the lamp of the Lord, searching all his inward parts

2. WORK IS THE OUTWORKING OF YOUR PURPOSE

THIS IS WHY YOU NEED TO WORK BASED ON GIFTINGS AND CALLINGS NOT MONEY.....

Jeremiah 29:11 For I know the plans I have for you," says the lord.

"They are plans for good and not for disaster, to give you a future and a hope.

WORK SHOULD BE DIRECTED BY YOUR WORSHIP AND SUPPORTED BY YOUR WELL BEING!

Romans 8:27 And the Father who knows all hearts knows what the Spirit is saying, for the Spirit pleads for us believers in harmony with God's own will.:28 And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them.

AS WORK INTENSIFIES, WORSHIP AND WELL BEING MUST INCREASE!

Luke 22:42 "Father, if you are willing, please take this cup of suffering away from me. Yet I want your will to be done, not mine.":43 Then an angel from heaven appeared and strengthened him.:44 He prayed more fervently, and he was in such agony of spirit that his sweat fell to the ground like great drops of blood.

Mark 6:31 Then Jesus said, "Let's go off by ourselves to a quiet place and rest awhile." He said this because there were so many people coming and going that Jesus and his apostles didn't even have time to eat.

3. WELL BEING IS IMPORTANT FOR DIVINE REASONS

WELL BEING HAS LESS TO DO WITH YOU AND MORE TO DO WITH YOUR MASTER!

2 Corinthians 6:14 Don't team up with those who are unbelievers. How can righteousness be a partner with wickedness? How can light live with darkness?:15 What harmony can there be between Christ and the devil? How can a believer be a partner with an unbeliever?:16 And what union can there be between God's temple and idols? For we are the temple of the living God. As God said:

***"I will live in them
and walk among them.
I will be their God,
and they will be my people.***

YOUR TEMPLE WAS UNIQUELY DESIGNED TO HOUSE YOUR WORSHIP AND YOUR WORK!

FEED IT, WORK IT, REST IT!

HOMEWORK

- 1. WHICH OF THE THREE IS THE MOST OUT OF BALANCE?**
- 2. WHAT THREE STEPS WILL YOU TAKE TO GET THEM IN ALIGNMENT?**
- 3. IDENTIFY TWO THINGS YOU BLAMED EITHER GOD, THE DEVIL OR OTHERS FOR THAT WERE ACTUALLY YOUR DOING?**