

# **MSG: CONTROL**

**SCRIPTURE: I Cor. 9:25-27**

**SZN 2: RUN WITH JESUS**

**I Cor. 9:25-27 NLT**

**"All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. 26 So I run with purpose in every step. I am not just shadowboxing. 27 I discipline my body like an athlete, training it to do what it should. Otherwise, I fear that after preaching to others I myself might be disqualified."**

**GOD IS IN CONTROL,  
SO CONTROL YOURSELF**

**C- COMPETE FOR CHARACTER**

**Romans 5:3-4 NLT**

**"We can rejoice, too, when we run into problems and trials, for we know that they help us develop endurance. And endurance develops strength of character, and character strengthens our confident hope of salvation."**

**O- OVERCOME ADVERSITY WITH A DISCIPLINED MIND**

**James 1:2-3 ESV**

**"Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your faith produces steadfastness." ENDURANCE**

**N- NAVIGATE EACH SEASON WITH GRACE**

### **Philippians 4:11-13 ESV**

**"Not that I am speaking of being in need, for I have learned in whatever situation I am to be content. I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. I can do all things through him who strengthens me."**

**No matter your age or season in life we are ALWAYS training to win- we work for an eternal prize!**

### **T- TAME YOUR TONGUE**

#### **Psalms 141:3 NLT**

**"Take control of what I say, O Lord, and guard my lips."**

#### **James 1:19–20 ESV**

**"Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger"**

### **R- REST YOUR SOUL**

**Psalm 143:6 "I stretch out my hands to you; my soul thirsts for you like a parched land."**

### **O- OUTWARD FRUIT IS PRODUCED BY INWARD DISCIPLINE**

#### **Galatians 5:22-24**

**"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. And**

**those who belong to Christ Jesus have crucified the flesh with its passions and desires.”**

**L- LIVE FOR HIS GLORY**

**1 Corinthians 10:31 NLT**

**“So whether you eat or drink, or whatever you do, do it all for the glory of God.”**

**Isaiah 43:7 NLT**

**“Bring all who claim me as their God, for I have made them for my glory. It was I who created them.”**