

MSG: THE RHYTHM OF LIVING

SCRIPTURE: ROMANS 8:12-13 NLT

SZN 1: REVIVAL THROUGH RHYTHM

ROMANS 8:12-13 NLT

“(1)Therefore, dear brothers and sisters, you have no obligation to do what your sinful nature urges you to do. (2)For if you live by its dictates, you will die. But if through the power of the Spirit you put to death the deeds of your sinful nature, you will live.”

1. LIVE IN THE RHYTHM OF DISCIPLINE

Romans 8:12 NLT

“Therefore, dear brothers and sisters, you have no obligation to do what your sinful nature urges you to do.”

Discipline is not checking boxes or creating a works-based faith- rather, we are talking about being a disciplined follower of Jesus- a disciple, discipleship requires discipline and yields a rhythm of new habits.

The story of Mary and Martha (Luke 10:38-42) While Martha worked, Mary sat and listened to Jesus. This passage is a reminder that spending time with Jesus doesn't happen when we have nothing else to do. It happens in the middle of busyness.

Discipline keeps us on rhythm when life tries to throw us off!

Romans 8:13 ESV

“For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live.”

How do we create patterns of discipline?

Deeds /// The "deeds" are not necessarily single acts but the habitual practices and outcomes of living according to fleshly desire

Would you agree that there may be seasons/moments of our lives where the pace of life disrupts or challenges our own discipline?

Change of career, loss, new baby, taking care of aging parents,

2. LIVE IN THE RHYTHM OF THE SPIRIT

Romans 8:14 NLT

“For all who are led by the Spirit of God are children of God.”

The path of the Spirit invites us into a relationship with the Lord. A pursuit of the Spirit is not about avoiding sin, but pursuing relationship- and as a result, we reflect the fruit of the Spirit

Galatians 5:22-23 ESV

“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.”

- Love
- Joy
- Peace
- Patience
- Kindness
- Goodness
- Faithfulness
- Gentleness
- Self-control

How are we developing fruit? Which fruit areas need more development?

“ the spirit affirms we are God’s children”

- this affirms our identity in every season of our lives bc there are challenging seasons where living by the spirit is hi-jacked by disappointments and disruptions which may challenge my own security in Christ. Does God hear me? Am I doing things right or wrong? Is this really working?
- You have to learn to worship in spirit and in truth.

John 4:24 ESV

“God is spirit, and those who worship him must worship in spirit and truth.””

What does that mean? (1)To worship God in Spirit is for our spirits to be sincerely guided and aligned by His Spirit- a genuine response from the heart not a physical place or building (which can lead to mindless rituals) (2) To worship in Truth is to worship God in one truth, the truth revealed through His Word.

THIS PAINTS A PICTURE OF LIVING IN A HARMONIOUS RHYTHM OF GOD’S WILL

THE WARRIOR’S WAY IS LIVING BY THE SPIRIT

Romans 8:9-10

“You, however, are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, although the body is dead because of sin, the Spirit is life because of righteousness.”

WHEN YOU LIVE BY THE SPIRIT, YOU ARE AFFIRMED BY THE SPIRIT

How? **Our salvation seals our inheritance in Him!**

Freedom from Doubt: The seal offers a deep assurance of belonging to God, providing peace and freedom from fear.

Freedom to live in Grace: As, Believers we can live without the need to earn righteousness through our own actions, rather by walking in the Spirit.

Free to accept our future inheritance- to live with Christ and enjoy him forever!

3. LIVE IN THE RHYTHM OF RELATIONSHIP

Romans 8:15 NLT

"So you have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when he adopted you as his own children. Now we call him, "Abba, Father."

Mark 14:36 (Jesus shares)

Abba, Father," he said, "everything is possible for you. Take this cup from me; yet not what I will, but what you will."

Abba represents personal closeness to God.

There will be days where we feel the suffering. We ask father, could you just take this from me. But because of personal relationship, we ultimately surrender to God's will. His will becomes our priority.

WE'VE BEEN ADOPTED AS SONS AND DAUGHTERS OF GOD

**WHEN YOU'RE ADOPTED BY YOUR FATHER,
YOU'RE SECURE IN YOUR RELATIONSHIP**

Romans 8:16 NLT

"For his Spirit joins with our spirit to affirm that we are God's children."

Simple point: our children, our boys love to fight, both playfully and then playful turns to for real. I tell them all the time, you're brothers- you'll have disagreements but there should be a kindness and consideration for one another.

As children of God, we will have disagreements, we must remain committed to building and growing in our relationships with one another. This shows our communities who we truly belong to-

Romans 16:17-19 ESV

"I appeal to you, brothers, to watch out for those who cause divisions and create obstacles contrary to the doctrine that you have been taught; avoid them. For such persons do not serve our Lord Christ, but their own appetites, and by smooth talk and flattery they deceive the hearts of the naive. For your obedience is known to all, so that I rejoice over you, but I want you to be wise as to what is good and innocent as to what is evil."

WHEN YOU'RE SECURE IN YOUR RELATIONSHIP, YOU REST IN YOUR ANOINTING

Romans 8:14 NLT

"For all who are led by the Spirit of God are children of God."

DON'T WASTE YOUR SUFFERING!

-GLORY- ANOINTED

**WHEN YOU REST IN YOUR ANOINTING,
YOU STAND IN YOUR CALLING**

Romans 8:17 NLT

"And since we are his children, we are his heirs. In fact, together with Christ we are heirs of God's glory. But if we are to share his glory, we must also share his suffering."

Because we are adopted into the family of Christ- we are offered this same access to call out "Abba, Father" with full confidence, a secure identity and belonging.

THIS IS THE RHYTHM OF LIVING